

## **ABSTRACT**

### **THE APPLICATION OF ORIGAMI PLAY THERAPY TO THE ANXIETY LEVEL OF PRESCHOOL CHILDREN UNDERGOING HOSPITALIZATION IN THE DADAP SEREP ROOM RSUD PANDAN ARANG BOYOLALI**

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**Background:** *At preschool age, physical activity in children increases which causes children to often get tired and causes them to be susceptible to disease due to an unstable immune system so that the immune system weakens which requires children to undergo hospitalization. The main problem of child hospitalization is anxiety. One way to reduce anxiety is by applying origami play therapy.*

**Objective:** *Knowing the results of the application after origami play therapy for the anxiety level of preschool children undergoing hospitalization in the Dadap Serep room at Pandan Arang Boyolali Hospital.*

**Methods:** *The application of origami play therapy uses a case study method, carried out on 2 respondents An.I with anxiety problems, fear during hospitalization. An. M with the problem of anxiety and fussiness when treatment is carried out.*

**Results:** *The results showed that the average level of anxiety measured using the Preschool Anxiety Scale (PAS) measuring instrument in preschool children with an intervention for 3 days and a duration of application of 20 minutes, before origami play therapy was carried out, the score was 63-65 (severe anxiety) and after origami play therapy was carried out, the score was 23-24 (mild anxiety).*

**Conclusion:** *Origami play therapy has an effect on reducing anxiety levels in preschool children undergoing hospitalization.*

**Keywords:** *Preschool age children; PAS; Hospitalization; Anxiety*