

## **ABSTRACT**

### *The Effectiveness of Giving Boiled Eggs and Snakehead Fish extract on Wound Healing Post Sectio Caesarea at RSUD Sumbawa*

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*In post sectio caesarea patients, it is necessary to do wound care to accelerate wound healing. The treatment of wounds in post sectio caesarea there are various procedures to speed up the healing process, one of which is by using or consuming foods such as boiled eggs or snakehead fish extract. Eggs are food ingredients that have high nutritional value. The most consumed eggs are chicken eggs. Then snakehead fish (*Channa striata*) is a type of fish that can increase endurance because it contains high protein and albumin. Snakehead fish meat contains 70% protein and 21% albumin. The purpose of this study was to determine the effectiveness of giving boiled eggs and snakehead fish extract for post-sectio caesarea wound healing at RSUD Sumbawa. The method used in this study is a quantitative research method. Data collection techniques in the form of field studies with observation, interview and questionnaire methods. While in determining the population and sample in this study using Purposive Sampling Technique with a total of 30 respondents. This study uses data analysis techniques through statistical tests T Test. The results showed that the  $p\text{-value} = 0.000 < 0.05$  which means that there is an effect on the effectiveness of giving boiled eggs and snakehead fish on wound healing post sectio caesarea at RSUD Sumbawa.*

*Keywords: Post Sectio Caesarea, Wound Healing, Boiled Eggs and Snakehead Fish*