

***Description of Giving Olive Oil to Third Trimester Pregnant
Women with Striae Gravidarum***

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ABSTRACT

Background: *Striae gravidarum is still common in Indonesia. The frequency of striae gravidarum in Indonesia reaches 95%. Striae gravidarum itself is not life threatening to the mother, it only causes discomfort. Handling can be pharmacological and non-pharmacological. Laser therapy or 0.05% tretinoin cream can be used for pharmacological treatment. Non-pharmacological treatment can use topical moisturizing components containing hydroxypropylsilane C, vitamin E, and olive oil.* **Objective:** *to find out the description of giving olive oil to pregnant women in the third trimester with striae gravidarum at the Mulya Asri Health Center (carried out in 2023).* **Method:** *This type of research is descriptive with a population of 20 people and 18 samples were obtained which were determined using purposive sampling.* **Results:** *The number of respondents who experienced striae gravidarum with multigravida status was 11 respondents (61.11%) and 7 respondents who experienced striae gravidarum with primigravida status (38.89%).* **Conclusion:** *There is an effect of giving olive oil on the appearance of striae gravidarum in third trimester pregnant women.*

Keywords: *Olive Oil, Striae Gravidarum.*