

APPLICATION OF CLAY'S THERAPEUTIC PLAY TO REDUCE ANXIETY LEVELS IN CHILDREN PRESCHOOL AGE AT INJECTION PROCEDURE at RSUD dr. SOEHADI PRIJONEGORO SRAGEN

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ABSTRACT

Background; Anxiety as one of the consequences felt by children caused by injection actions during the patient's treatment in the hospital. The bad effects of anxiety are causing a decrease in the effectiveness of the therapy to be given. One of the treatments given is with clay therapeutic therapy. Therapeutic clay is a type of game material that resembles a soft wax and is easy to form, this game is suitable to be given to preschoolers who are undergoing treatment because playing clay does not require a lot of energy. **Purpose;** Results of therapeutic application of clay to anxiety levels in preschool-aged children during injection. **Method;** This type of research is a case study that uses descriptive research methods and uses measurements of children's anxiety levels with the Spence Children Anxiety Scale questionnaire. **Result;** The level of anxiety in preschool-aged children during the injection before therapeutic clay is severe and very heavy. The level of anxiety in preschool-aged children during injection after clay therapy is mild and moderate. There were differences in reduced anxiety levels in preschool-aged pediatric patients before and after clay's therapeutic intervention. **Conclusion;** There were differences in outcomes before and after therapeutic intervention clay on anxiety levels in preschool-aged children during injection.

Keywords: Injection, Anxiety, Therapeutic Clay