APPLICATION OF MUSIC THERAPY TO PARANOID SCHIZOPHRENIC CLIENTS IN HISTORICAL

HALUCINATIONS IN RSJD

dr. Arif Zainuddin Surakarta

Resti Pratiwi¹, Norman Wijaya Gati², Suyatno³

<u>rpratiwi209@gmail.com</u>

University Of ' Aisyiyah Surakarta

ABSTRACT

Background: Based on data from the Central Java Health Service in 2019 there were 26,842 people experiencing schizophrenia, 67,057 people experiencing depression and 67,057 people experiencing emotional mental disorders. Based on data obtained from the Surakarta Regional Mental Hospital in December 2020, the prevalence of patients treated was 5,669 inpatient clients. One of the problems of mental disorders that was the biggest cause of being brought to the hospital was hallucinations with data on 3,654 clients. **Objective**: Knowing the results of the application of music therapy to clients with paranoid schizophrenia in auditory hallucinations. Methods: Descriptive application research using a case study design with 2 random sampling and using the AHRS (Auditory Hallucination Rating Scale) questionnaire sheet. Results: The results of the application of music listening therapy to the level of hallucinations. In respondent I, the score decreased from 17 to 11, while in respondent II, it decreased from 15 to 9. Conclusion: Music listening therapy can reduce the level of hallucinations in hallucinatory patients at RSJD dr Arif Zainudin Surakarta.

Keywords: music therapy, level of hallucinations