

**APPLICATION OF GROUP ACTIVITY THERAPY LISTENING  
TO MUSIC ON THE TRANSFER OF HALLUCINATIONS IN  
RSJD ARIF ZAINUDIN SURAKARTA**

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**ABSTRACT**

**Background** : Based on data from the health profile of Central Java Province in 2019, patients with mental disorders numbered 34,571 people out of 33,264,339. Based on data obtained from the Surakarta Regional Mental Hospital in December 2020, the prevalence of treated patients was 5,669 inpatient clients one of the problems of mental disorders that became the biggest cause of being taken to the hospital was hallucinations with data on 3,654 clients. **Objective** : determine the results of the implementation of the effectiveness of group activity therapy: listening to music on the transfer of hallucinations. **Method** : application research using pre-experimental design with one group of pre-test and post-test design. The total sampling technique. **Results** : the results of the application of music group activity therapy to diversion decreased the level of hallucinations. In respondent I decreased from a score of 15 to 8 while respondent II decreased from 16 to 9. **Conclusion** : group activity therapy listening to music can reduce the level of hallucinations in hallucination patients in RSJD Dr. Arif Zainudin Surakarta.

**Keywords** : *group activity therapy, music therapy, hallucinations*