

APPLICATION OF EFFLEURAGE MASSAGE WITH VIRGIN COCONUT OIL (VCO) TO PREVENT DECUBITUS IN BEDREST PATIENTS IN ICU INFECTIOUS SALATIGA CITY HOSPITAL

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ABSTRACT

Background; *Bedrest is the inability to move actively due to various physical or mental illnesses. The adverse effects of bedrest are disruption of skin integrity which can result in decubitus. One of the treatments that can be given is massage effleurage. Massage Effleurage using VCO can be a form of nursing intervention that helps maintain blood circulation in bedrest patients.* **Purpose;** *results of applying massage effleurage with virgin coconut oil to prevent decubitus in bedrest patients.* **Method;** *This type of research is a case study that uses descriptive research methods and uses decubitus risk measurements with the Braden scale.* **Results;** *Decubitus risk before effleurage massage with virgin coconut oil was carried out in respondents included in the very high risk and high risk categories. Debitus risk after effleurage massage with virgin coconut oil for respondents in the high risk and low risk categories. There are differences in the development of decubitus risk in bedrest patients before and after the effleurage massage intervention with virgin coconut oil.* **Conclusion;** *There are differences in development before and after the effleurage massage intervention with virgin coconut oil in bedrest patients.*

Keywords: Bedrest, Decubitus, Massage Effleurage, VCO