

**APPLICATION OF CLAY PLAY THERAPY TO HOSPITALIZATION  
ANXIETY IN CHILDREN IN THE ORCHID WARD**

**SALATIGA CITY HOSPITAL**

*Windiah Nur Kusumaningtyas<sup>1</sup>, Eska Dwi Prajayanti<sup>2</sup>, Siti Khotijah<sup>3</sup>*

*[Tyasyaya1@gmail.com](mailto:Tyasyaya1@gmail.com)*

*<sup>1,2</sup>Universitas 'Aisyiyah Surakarta, <sup>3</sup>RSUD Kota Salatiga*

**ABSTRACT**

**Background:** *Anxiety and fear are the effects of hospitalization, anxiety when undergoing hospitalization is felt by children due to facing stressors in a foreign and unfamiliar hospital environment. Anxiety that is often experienced as crying, and afraid of new people. Play therapy is a therapy used to reduce anxiety and fear and children can get to know the environment, and learn about the treatments and procedures carried out by hospital staff. Playing Clay will release children from the tension and anxiety they experience.* **Objective:** *To find out the results of applying clay play therapy to anxiety in children's hospitalization in the orchid ward of Salatiga City Hospital.* **Methods:** *The application of this journal uses a descriptive method with a case study approach. Results: The results after this implementation were changes in decreasing anxiety levels in both respondents.* **Conclusion:** *There is a change in the decrease in the level of hospitalization anxiety in both respondents, the application of clay play therapy can reduce the level of hospitalization anxiety in children who experience anxiety while in the hospital.*

**Keywords:** *Anxiety, Clay Playing Therapy, Hospitalization*