

## **EFFORTS TO REDUCE STUNTING WITH COUNSELING AND ANTI-STUNTING CONSULTATION WEBSITE (ANTING)**

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### **SUMMARY**

**Background:** *Stunting is a condition in which children under five years old have insufficient length or height compared to their age. The Indonesian Nutrition Status Survey (SSGI) in 2021 recorded the prevalence of stunting in Pacitan District at 22.7% and in 2022 there was a decrease in the prevalence of stunting to 20.6%. The objectives of the research: to increase knowledge, understanding, and skills through counseling and education about the importance of balanced nutrition, child care, and health practices that support optimal growth as an effort to prevent stunting in toddlers for mothers and cadres at Posyandu Dahlia 7 Kalikuning Village, Tulakan, Pacitan. Methods: Lecture, demonstration, and question and answer. Results: This community service activity shows that participants are active in asking and answering questions and can demonstrate and show an increase in knowledge and skills of cadres and mothers of toddlers after being given counseling. Conclusion: Community service activities that have been carried out are able to increase the knowledge of cadres and mothers of infants and toddlers about the problem of short toddlers (stunting) so that it is followed by an increase in awareness of the target activities towards the problem of short toddlers (stunting).*

**Keywords:** *Stunting, Knowledge, Skills*