

## APPLICATION OF ORAL STIMULATION IN PREMATURE INFANTS TO IMPROVE ORAL MOTOR FUNCTION

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### SUMMARY

**Background:** Premature labor is labor too early which occurs at a gestational age of more than 20 weeks and before 37 weeks. In line with that, premature babies are babies born alive before 37 weeks of gestation and are usually accompanied by a body weight of less than 2500 grams at birth. This requires special attention in handling, because the condition of premature babies can cause several problems, one of which is oral motor disorders. This problem is the basis for early intervention to improve the ability to give oral food. Therefore, oral stimulation can be carried out using the Premature Infant Oral Motor Intervention (PIOMI) method. PIOMI is a 5-minute oral-motor protocol administered by a therapist. **Objective:** Increase knowledge, especially for parents/families of premature babies, physiotherapists and physiotherapy students about how to manage oral stimulation in premature babies. **Method:** IEC media pocket book entitled "Application of Oral Stimulation in Premature Babies to Improve Oral Motor Function". **Conclusion:** The pocket book entitled "Application of Oral Stimulation in Premature Babies to Improve Oral Motor Function" was chosen as a media for education and health promotion targeting parents/families of patients, physiotherapy practitioners and physiotherapy students.

Keywords: Premature Babies, Oral Motor, Oral Stimulation