

**MOTHER'S KNOWLEDGE ABOUT FIRST AID CHOKING TODDLERS
THROUGH VIDEO MEDIA**

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SUMMARY

Background ; Cases of choking are increasingly common, with choking incidents often leading to the death of young children. Choking in toddlers, a non-communicable disaster (PTM), is still classified as one of the incidents contributing to mortality. There are three commonly used methods for managing choking: Chest Thrust, Back Blow, and Abdominal Thrust (Heimlich Maneuver). Parents' knowledge of first aid for choking is very limited because most parents do not know how to administer first aid when a toddler is choking. **Method** ;The method involves using informational media with visual content to convey educational messages, specifically through videos, to improve knowledge among mothers, particularly those with toddlers. **Results** ; After providing education through a 08 minute video containing information about choking and first aid for choking toddlers, it is hoped that the community, especially families with young children, will gain skills in handling first aid for choking toddlers. **Conclusion** ; The video used as an educational and informational tool effectively increased mothers' knowledge about first aid for choking toddlers. Before the video education, the community was not aware of the first aid for choking toddlers. After the video education, the community understood how to perform first aid for choking toddlers.

Keywords ; Toddlers, Choking, Videos.