## EFFORTS TO INCREASE ADOLESCENT WOMEN'S KNOWLEDGE ABOUT VAGINAL DISCHARGE THROUGH VIDEO MEDIA IN KALIAPANG VILLAGE

Bella Fransisca Putri<sup>1</sup>, Suparmi<sup>2</sup> bellafransisca408@gmail.com
'Aisyiyah University Surakarta

## SUMMARY

**Background**; Vaginal discharge is a condition where the vagina releases fluid or mucus caused by germs. WHO stated that the prevalence figures in 2021, 75% of women in Indonesia experience vaginal discharge at least once, while 45% experience vaginal discharge more than once or twice in their lives. The main cause of vaginal discharge is hormonal factors, other causes of vaginal discharge include lack of care in the feminine area. Lack of reproductive health education among adolescents itself causes a lack of knowledge about reproductive health, especially about vaginal discharge, thus the need for education to increase knowledge and prevent mistakes in handling vaginal discharge. Method; The media used in this method is video media which can provide information to increase knowledge about vaginal discharge. Making this educational video includes pre-production, production and post-production. Results; The output obtained is in the form of a video entitled "Providing an Explanation of Vaginal Discharge in Teenagers" video duration 4.23 minutes with a file size of 192 MB. It has been tested on 3 female teenage respondents with the results of the questionnaire showing that the video can increase knowledge about vaginal discharge. Conclusion; The video media produced can be used to increase knowledge and information facilities for the community, especially young women.

**Keywords:** Teenagers, Vaginal Discharge, Educational Videos