

**DESCRIPTION OF THE PAIN LEVEL OF GOUT ARTHRITIS IN UPTD
PUSKESMAS 1 BATURETNO WONOGIRI**

Adhi Yoga Brata Laksana¹, Sri Hartutik²

Yoga.brata06@gmail.com

Universitas 'Aisyiyah Surakarta

ABSTRACT

Background: Gout arthritis is a disease in which there is an excessive accumulation of uric acid in the body. Based on WHO, the prevalence of gout arthritis in the world is 34.2%. The impact of gout arthritis pain that can be caused is in the form of a decrease in the patient's quality of life due to pain that greatly interferes with daily activities. **Objective:** To find out the description of the pain level of gout arthritis in UPTD Puskesmas 1 Baturetno Wonogiri. **Method:** Decisive with a quantitative approach. The subjects of the study were 196 patients with a purposive technique of 66 patients. Research instrument (NRS) numeric rating scale. **Results:** Characteristics The pain level of gout arthritis was the majority of elderly people as many as 35 respondents (54.8%), female gender as much as 35 (53%), the majority of people suffering from ≥ 5 years old as 44 (67.7%), and the majority with moderate pain level with a scale of 4-6 as large as 31 (47%). **Conclusion:** an overview of the pain level of gout arthritis at UPTD Puskesmas 1 Baturetno is the majority of the elderly, female gender, long suffering ≥ 5 years, moderate pain level.

Keywords: Gout Arthritis, Pain Level, Pain.