HEALTH EDUCATION FOR DIARRHEA PREVENTION IN TODDLERS THROUGH ANIMATION VIDEOS

Agretha Berliana Gitadinda¹, Siti Fatmawati²
agrethaa18@gmail.com
Universitas 'Aisyiyah Surakarta

SUMMARY

Background; Diarrhea is an infectious disease whose symptoms are changes in the shape and consistency of stool from soft to liquid, an increase in the number of bowel movements accompanied by vomiting, and dehydration if the stool is not defecated. This is Indonesia, which experiences diarrhea in toddlers, there is a prevalence of 4.9% of 86,364 toddlers. According to the Central Java Health Service, (2022) the prevalence of diarrhea in children under 5 years of age was 51.6% in 2022. Central Java Province is ranked third out of 33 provinces in Indonesia in terms of the number of diarrhea cases. Objective; As information in increasing the knowledge of mothers of toddlers about how to prevent diarrhea so that toddlers are protected from the disease and can make it easier for mothers of toddlers to understand the material presented, and become a separate attraction. Method; Compilation of animated videos using the Media application is made in the form of videos using the Canva, Capcut, Canva Video applications which contain images and descriptions about preventing diarrhea in toddlers. Results; The output obtained is an animated video entitled "CETAR (Prevent and Overcome Diarrhea)". Always consider the language used so that it is easy to understand and convey to mothers of toddlers with a duration of 4 minutes 36 seconds and a file size of 154.5 MB. It has been tested on 3 respondents of mothers of toddlers with interesting and easy-to-understand video results. Conclusion; The educational video media "CETAR (Prevent and Overcome Diarrhea)" is expected to be able to increase the knowledge of mothers of toddlers because animated video media can attract attention so that it can increase knowledge and information.

Keywords; Health Education, Definition of Diarrhea, Animated Video