

# EFFORTS TO INCREASE BREASTFEEDING MOTHERS' KNOWLEDGE ABOUT MANAGEMENT OF CHOKING

## VIA BOOKLET MEDIA

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### SUMMARY

**Background;** Choking is a dangerous respiratory emergency that can threaten the life of someone who choking and also result in lack of oxygen, causing death. **Objective;** Increasing mothers' knowledge about handling choking in toddlers through booklet media. Booklet media education can repeat the booklet at any time if the mother feels the need to clarify or recall certain information. **Method;** Using educational booklet about handling choking in toddlers by showing directly the practice of handling choking in toddlers, so that mothers can understand better. **Results;** What is obtained after being given education increase the mother's knowledge of how to handle choking in toddlers by providing Health Education through booklets. Education with this booklet helps inform mothers about how to properly handle choking toddlers, so that mothers can learn and apply these techniques. Then, this booklet media is one of the media used to provide Health Education in the community, especially mothers, with this booklet media considered easier the target to accept. **Conclusion;** The output achieved this task in the form of Intellectual Property Rights (IPR) on Information and Education Communication (KIE) media products or works in the form of booklet. The author chose booklet media because it can be used as a media for education and health education in the community, especially for mothers who do not know the correct techniques for treating choking in toddlers.

**Keywords:** Mother's knowledge, handling choking toddlers, educational booklet.