

**EFFORTS TO INCREASE KNOWLEDGE ABOUT WOUND CLEANSING
WITH ARABIC BIDARA LEAVES IN PATIENTS WITH DIABETIC FOOT
ULCERS USING VIDEO MEDIA**

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INTISARI

Background; *Diabetes Mellitus is still the highest prevalence of the biggest disease problem in the world. Meanwhile, the prevalence continues to increase rapidly. In Surakarta City, 66% of DM is suffered by women and 39.5% by men. Diabetic Foot Ulcer (DFU) is a major complication of DM. One way to treat wounds that can be done is wound cleansing. Arabian bidara leaves are a medicinal plant that has antibacterial activity.* **Objective;** *As an information medium that can provide benefits to patients, health workers and the general public regarding wound cleansing of Arabic bidara leaves.* **Method;** *Preparation of moving animated videos using the Canva and Capcut applications which create images and descriptions.* **Results;** *The output is in the form of a video entitled "Let's get to know the benefits of wound cleansing of Arabic bidara leaves for healing Diabetic Foot Ulcer (DFU) patients" with a duration of 05:32 minutes and a size of 455 MB. It has been tested on 3 health care worker respondents with the video results being very useful and easy to understand.* **Conclusion;** *The video is entitled "Come on, get to know the benefits of wound cleansing of Arabic bidara leaves for healing Diabetic Foot Ulcer (DFU) patients". can be used as a medium for educating health workers, wound nurses and DFU sufferers regarding the benefits of wound cleansing of Arabic bidara leaves.*

Keywords; *Diabetes Foot Ulcer, education, wound cleansing, Arabic bidara leaves*