

**THE RELATIONSHIP BETWEEN THE CHARACTERISTICS OF  
PREGNANT WOMEN IN TRIMESTER III WITH THE LEVEL OF  
ANXIETY IN FACING LABOR IN THE WORKING AREA OF UPTD  
PUSKESMAS TRIMOHARJO**

Widya Sandy Pratiwi

[widyasandy541@gmail.com](mailto:widyasandy541@gmail.com)

Universitas 'Aisyiyah Surakarta

**ABSTRACT**

**Background:** Pregnant women will certainly have significant changes and impacts related to physiological and psychological so it is not uncommon if pregnant women will always pay attention to every change they experience, both physiological and psychological changes. The occurrence of physiological changes such as nausea, vomiting, an enlarged stomach, and fatigue can certainly affect the mother's psychology during pregnancy. However, due to physiological and psychological changes that occur during pregnancy, this then triggers feelings of anxiety (anxiety) and feelings of anxiety in the condition of pregnancy, so that this will have an impact on the development of fetal and maternal health during the pregnancy process. **The objective of the research:** Knowing the Relationship between the Characteristics of Pregnant Women in Trimester III with the Level of Anxiety in Facing Childbirth in the Work Area of UPTD Trimoharjo Health Center. **Methods:** This type of research is analytic using the research design "Cross Sectional" where the independent variable and the dependent variable are examined simultaneously and at one time. **Results:** Based on the Chi-Square test conducted by the researcher, the  $X^2$  value was  $36.937 >$  from  $X^2$  table  $31.410$  with a  $p$  value of  $0.000 < \alpha 0.05$ , which means that there is a significant relationship between the characteristics of pregnant women in Trimester III with the level of anxiety in facing childbirth in the work area of UPTD Trimoharjo Health Center. **Summary:** There is a significant relationship between the characteristics of third trimester pregnant women and the level of anxiety in facing childbirth in the work area of UPTD Trimoharjo Health Center.

**Keywords:** Pregnant Women, Physiological and Psychological, Anxiety