

APPLICATION OF INDIVIDUAL THERAPY ON THE ABILITY TO CONTROL HALLUCINATIONS IN SCHIZOPHRENIA PATIENTS IN SUMBADRA ROOM OF REGIONAL MENTAL HOSPITAL SURAKARTA

Putri Silvia Dewi¹, Sitti Rahma Soleman¹, Wahyu Yuniati³

^{1,2} University of 'Aisyiyah Surakarta

³RSJD Surakarta

silvia.students@aiska-university.ac.id

ABSTRACT

Background: Hallucinations are changes in perception where the patient perceives something as real. The impact of the efforts resulting from hallucinations is social loss of oneself, which in this situation can kill oneself, kill other people, and even damage the environment. The effort made was to carry out individual therapy sp 1-4 regarding hallucinations. **Objective:** To determine the results of applying individual therapy to improve the ability to control hallucinations in schizophrenic patients in the Sumbadra Room at the Surakarta Regional Mental Hospital. **Method:** Descriptive application method with a case study approach and applying two patients with a pre-test and post-test, the application instrument uses a questionnaire to control hallucinations. Providing individual therapy intervention for 3 consecutive days. **Results:** Before being given individual therapy, the results were obtained for Respondent 1 with a score of 5, including poor hallucination control and Respondent 2 with a score of 4, including the bad hallucination control category. After being given individual therapy, it was found that Respondent 1 with a score of 9 was in the good hallucination control category and Respondent 2 with a score of 8 was in the good hallucination control category. **Conclusion:** The results of the application show that the intervention provided can improve the ability to control hallucinations in schizophrenia patients.

Keywords: Individual therapy, ability to control hallucinations, schizophrenia