

ABSTRACT

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<i>GIVING MASSAGE TO CARPAL TUNNEL SYNDROME PAIN IN AUTHOR SKIN</i> <i>DANAR HADI PABELAN SURAKARTA</i>	
<p style="text-align: center;">ABSTRACT</p> <p>Back Ground : <i>Carpal Tunnel Syndrome is the most common disorder reported as a musculoskeletal disorder due to work. Carpal Tunnel Syndrome is a nerve disorder caused by pressure that often occurs due to the suppression of the median nerve that passes through the carpal tunnel. sufferers of wrist pain suffered a lot in the batik craftsmen numbered 15 people from 250 workers. The main complaints of carpal tunnel syndrome include pain in the wrist, physiotherapy modalities that can overcome Carpal Tunnel Syndrome disease including Massage. Objectives: To know about the effect of massage on the reduction of pain Carpal Tunnel Syndrome. Method: Quasi experimental research, using true experiment approach using research design one groups pre and post test design. The sampling technique using simple random sampling, the existing population of 250, the sample of 15 respondents who were all given treatment in the form of Massage. Univariate analysis to know the characteristics of respondents and the characteristics of pain while bivariate analysis using wilcoxon test. Result: Univariate test results obtained by Carpal Tunnel Syndrome suffer more experienced at the age of 46-55 years, and characteristic of more pain in moderate pain. Result of bivariate test result there is influence Massage to decrease pain Carpal Tunnel Syndrome with value $p < 0,05$. Conclusion: Massage therapy can reduce pain in patients with Carpal Tunnel Syndrome on batik writing staff danar habel pabelan surakarta.</i></p> <p>Key Word: <i>Carpal Tunnel Syndrome, Pain Reduction, Massage</i></p>	