

POCKET BOOK BENEFITS OF SOURSOP LEAF DECOCTION TO REDUCE VAGINAL DISCHARGE IN WOMEN OF CHILDBEARING AGE

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SUMMARY

Background : Vaginal discharge is the most common complaint found in women. The cause of vaginal discharge is hygiene problems around the intimate organs, such as lack of cleanliness when drying parts of the intimate organs after urinating and defecating. Soursop leaves contain *acidin oil, sineol 50%-65%, a-pinene, limonene and dipenten*, containing *acetogynous compounds*, including *acidicin, bulatacin and squamousine*. Women of childbearing age often experience vaginal discharge, treatment therapy for vaginal discharge can use nonpharmacological treatment, one of which is by using a decoction of soursop leaves. **Purpose:** Making Communication, Information, Education (KIE) media about the effect of giving soursop leaf decoction to reduce vaginal discharge in women of childbearing age as a promotive medium and carry out the role of Midwives in maintaining reproductive health. **Method:** The method used in IEC media is in the form of a pocket book with a theme entitled "Benefits of Soursop Leaf Decoction to Reduce Vaginal Discharge in Women of Childbearing Age" which is produced as an implementation of health promotion that can be used as a reference for midwifery or midwifery students. **Result:** The media produced from IEC is in the form of a pocket book entitled "Pocket Book Benefits of Soursop Leaf Decoction to Reduce Vaginal Discharge in Women of Childbearing Age" which can be read directly by women of childbearing age and midwifery students. **Conclusion:** IEC media is used as a medium of promotion, communication, information, education that can provide a source of knowledge to the public about the importance of maintaining reproductive cleanness to reduce vaginal discharge.

Keywords: Women of childbearing age, vaginal discharge, decoction of soursop leaves