

**APPLICATION OF CLASSICAL MUSIC THERAPY TO SCHIZOPHRENIC
ON AUDITORY HALLUCINATION AT RSJD**

Dr. ARIF ZAINUDIN SURAKARTA

Natasha Shella Alfaga, Norman Wijaya Gati, Tri Andri Pujiyanti

alfaganatasha@gmail.com

University Of 'Aisyiyah Surakarta

ABSTRACT

Background : Hallucinations are a mental disorder characterized by changes in sensory perception, feeling false sensations in the form of sound, sight, taste, touch or smell. The impact on the patient of hallucinations that can occur if allowed to continue is that the patient will lose control of himself. This situation will allow the patient to commit suicide, kill other people and can damage the surrounding environment, this creates unsafe conditions for himself and also other people around him. One way to reduce hallucinations is with music therapy, apart from music therapy, you can rebuke, follow a treatment program, chat and do scheduled activities. **Objective:** To find out the results of applying auditory hallucinations to schizophrenic clients at RSJD Dr. Arif Zainudin Surakarta. **Methods :** The implementation design uses the case study method by retest and posttest with classical music therapy for 10-15 minutes with 2 respondents and using the AHRS (*Auditory Hallucination Rating Scale*) questionnaire sheet. **Results:** 2 responden before carrying out music therapy, the results were obtained by Ny. L with a score of 33 with severe hallucinations and Nn. S with a score of 21 wit moderate hallucinations. After being given music therapy, Ny. L with a score of 11 mild hallucinations and Nn. S with a score of 8 mild hallucinations. **Conclusion:** There is a difference in reducing the level of hallucinations before and after music therapy in patients with auditory hallucinations at RSJD Dr. Arif Zainudin Surakarta.

Keywords : *Decline, Hallucinations, Music Therapy*