

**APPLICATION OF MUROTTAL ALQUR'AN THERAPY SURAH
AR-RAHMAN ON ANXIETY LEVELS IN THE ICU WARD OF
THE REGIONAL HOSPITAL Dr. SOEHADI PRIJONEGORO
SRAGEN**

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ABSTRACT

Background: ICU patients are patients who experience a life-threatening condition or disease due to conditions that require intensive care and monitoring. ICU patients experience different responses, one of which is anxiety. Anxiety can be overcome in several ways, one of which is non-pharmacological therapy, namely by providing murottal therapy from Al-Qur'an Surah Ar-Rahman. **Objective:** To find out the results of implementing the effectiveness of murottal al-Qur'an surah ar-rahman therapy to reduce anxiety levels in ICU patients at Dr Soehadi Prijonegoro Hospital, Sragen. **Method:** The application is descriptive, case study research design Pretest Posttest One Group Design, sample of 2 respondents, Hamilton Anxiety Rating Scale questionnaire research instrument, application using murottal therapy of Al-Qur'an Surah Ar-Rahman. **Results:** After carrying out the murottal therapy of Al-Qur'an Surah Ar-Rahman 2 times in 2 days, Mrs. Mrs.'s anxiety level changed. Ny S from a score of 23 to 17 and Tn. A decreased from a score of 30 to 20. **Conclusion:** Surah Ar-Rahman murottal therapy can reduce the anxiety level of ICU patients at Dr Soehadi Prijonegoro Hospital, Sragen.

Keywords : Murottal Al-Qur'an Therapy, Surah Ar Rahman, Anxiety, ICU Patients