

## VIDEO EDUCATIONAL MEDIA ABOUT THE USE OF BETEL LEAF DECOCTION TO OVERCOME VAGINAL DISCHARGE IN ADOLESCENT GIRLS

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### SUMMARY

**Background:** Vaginal discharge is one of the early symptoms of cervical cancer, in cervical cancer the mucus in vaginal discharge will change color, have an unpleasant aroma or odor, and there is a change in the texture and consistency of vaginal fluid. Betel leaf (*piper betle* linn) is one of the plants that has many benefits, and contains antiseptic substances that can kill germs. According to the Data and Information Center of the Indonesian Ministry of Health. Betel leaf extract is very important in overcoming the causes of vaginal discharge. Betel leaves contain essential oils consisting of betlephenol, cavicol, sesquiterpene hydrocavicol, cavibetol, estragol, eugenol, and carvacrol. In addition, betel leaves also contain antiseptic substances that can kill germs. **Methods:** Using a video output description with a theme entitled "About Educational Media Utilization of Betel Leaf Decoction to Overcome Vaginal Discharge in Adolescent Girls". Using videos made using the capcut software application. **Results:** Video entitled "Making Betel Leaf Decoction to Vaginal Discharge in Adolescent Girls" **Conclusion:** Video media has been created as an educational tool to be able to provide a source of knowledge to the community about efforts to reduce vaginal discharge.

**Keywords:** Vaginal discharge, betel leaf extract production, adolescent girls