

**THE EFFECT OF GUAVA LEAF DECOCTION WATER ON THE
HEALING PROCESS OF PERINEAL SUTURE WOUNDS AT TPMB SITI
ROHANAH BEKASI DISTRICT**

Widia Sari¹, Enny Yuliaswati²

202322035.students@aiska-university.ac.id

ennyyuliaswati@gmail.com

Universitas 'Aisyiyah Surakarta

ABSTRACT

Background: The puerperium is said to be a period of recovery of the mother's condition after childbirth until all female reproductive organs recover before the next pregnancy, the puerperium usually lasts 6-8 weeks after delivery. Healing of suture wounds will normally occur on the fifth to seventh day and can also be faster within 5 days which is characterized by dry wounds, absence of redness, swelling, fused tissue and no pain when sitting and walking. **Objective:** This study aims to determine the effect of guava leaf decoction water on the healing process of perineal suture wounds. **Methods:** The design used in this study was a quasi experiment. The sampling technique in this study was consecutive sampling. The research was conducted at TPMB Siti Rohanah in April-June with a total sample of 20, namely 10 intervention groups and 10 control group respondents. Statistical analysis used is mann whitney test. **Research Results:** the results of the analysis showed that the healing of perineal suture wounds given guava leaf decoction water was faster in the healing process, namely 5.50 days while those not given were 6.40 days with a mean difference of 0.90.

Keywords: Guava Leaf Decoction Water, Perineal Suture Wound Healing

