

**THE EFFECT OF BETEL LEAF DECOCTION ON PERINEAL WOUND
HEALING DURATION OF POSTPARTUM WOMEN IN PMB ENDANG
PASAR MINGGU, SOUTH JAKARTA**

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ABSTRACT

Background: perineal injury in puerperal mothers is a tear in the uterine pathway or due to episiotomy during fetal delivery. Tears can occur spontaneously or through episiotomy. Perineal care is one of the Prevention of infection, the impact if the perineal wound care is not good can cause infection, perineal wound infection is one of the causes of postpartum maternal death. Based on this, there is an alternative from researchers to treat perineal wounds by using betel leaf steeping to accelerate wound healing. **Objective:** This study was to determine the effect of betel leaf steeping on the duration of perineal wound healing in puerperal mothers in PMB Endang Pasar Minggu, South Jakarta. **Methods:** type of research used quantitative research with pre-Experimental research approach with one-Shot Case Study Design. Sampling technique using consecutive sampling. And got 20 people.

Results: healing of perineal wounds after a long time given betel leaf steeping in postpartum mothers obtained the result that the majority experienced rapid wound healing. based on the results of the one sample proportion test, the data showed that 60% of respondents experienced a decrease in perineal injury after performing betel leaf steeping water treatment.

Conclusion: there is an effect of betel leaf steeping on long-term perineal injury in PMB Endang Pasar Minggu Jakarta Selatan.

Keywords: perineal wound, puerpral mother, betel leaf infusion.