

**THE DIFFERENCE IN THE EFFECTIVENESS OF BOILED WATER
OF BINAHONG LEAVES AND GUAVA LEAVES ON THE LONG TIME OF
HEALING OF PERINEAL WOUNDS AT BPM MOYANA S.ST**

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ABSTRACT

Background: Perineal wounds are injuries that occur during childbirth in the perineum, perineal wound healing treatments can use boiled water from binahong leaves because it contains ascorbic acid which contains vitamin c so it can speed up wound healing and guava leaves contain steroids which can reduce inflammation so they can speed up wound healing. **Objective:** to determine the difference in the effectiveness of boiled water from binahong leaves and guava leaves on the length of healing of perineal wounds in postpartum mothers at BPM Moyana. **Method:** quasi experiment with a two group post test only design. Sampling used non-probability sampling in the form of purposive sampling. The research instrument was a checklist sheet for wound care and used the Reeda scale for the duration of wound healing. **Results:** Mann Whitney statistical test obtained a p value of $0.397 > 0.05$, meaning that there was no difference in the effectiveness of boiled water from binahong leaves and guava leaves on the length of healing of perineal wounds. **Conclusion:** The average healing time for perineal wounds in intervention 1 was 5.7 days, and the average healing time for perineal wounds in intervention 2 was 6.0 days. Binahong leaves and guava leaves have the same effectiveness in healing perineal wounds.

Keywords: Perineal wounds, binahong leaves, guava leaves

Bibliography: 21 (2015-2023)