THE RELATIONSHIP BETWEEN THE ROLE OF HUSBAND THROUGH BREASTFEEDING FATHER AND SMOOTH BREASTFEEDING AT RSUI KUSTATI

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ABSTRACT

Background: Breast milk is the best food for babies. Breast milk helps optimal growth and development and protects against disease. The smoothness of the let down reflex is influenced by the mother's emotions. Husband support is one of the factors that influence the success of mothers in breastfeeding by acting as a breastfeeding father. **Objective:** This study was to determine the role of the husband through breastfeeding father with the smoothness of breast milk in RSUI Kustati. Methods: Type of quantitative research, using a cross sectional approach. The population was 44 people, the sample amounted to 31 people with simple random sampling technique. The measuring instrument used for the two variables used a questionnaire. Data analysis in this study used the chi-square test. Results: The results of this study showed that the majority of mothers received high breastfeeding as much as 87.10%, and successfully breastfeeding as much as 67.74%. Statistical test results using chi-square showed a p-value of 0.002 so that Ha was accepted (p $< \alpha$ (0.05). Conclusion: there is a moderate relationship between the role of the husband through (Breastfeeding Father) with the smoothness of breastfeeding at RSUI Kustati Surakarta.

Keywords: Husband's Role, Breastfeeding Father, Breastfeeding Fluency