

**BENEFITS OF INNER ADMINISTRATION OF OLIVE OIL
OVERCOMING DIAPER RASH IN TODDLER**

Fina Febriza

finafebriza007@gmail.com

University of 'Aisyiyah Surakarta

SUMMARY

Background: The use of olive oil is very effective in diaper rash treatment, because olive oil contains saturated fatty acids, so it easily penetrates into the deep layers of the skin and maintains the skin's flexibility or moisture. Olive oil is also a very safe solution for preventing dryness and flaking of the skin. So this olive oil is very helpful in other skin problems, namely psoriasis, dermatitis, eczema and also other skin infections. (Ernauli Melyana, 2017). Using natural ingredients such as olive oil can reduce diaper rash. Olive oil contains antioxidants. How to use it is by applying olive oil to the rash for 3 consecutive days twice a day in the morning and evening. **Method:** Using a description of the outcome of a pocket book with a theme entitled "The Benefits of Olive Oil in reducing the degree of diaper rash in toddlers at Permata Hati Lampung Hospital Using a Pocket Book" created using a Canva software application with a size of 10 x 13 cm. **Results:** Pocket book entitled "The Benefits of Olive Oil in reducing the degree of diaper rash in toddlers at Permata Hati Lampung Hospital Using a Pocket Book". **Conclusion:** can provide a source of knowledge to the public regarding the lack of knowledge about the importance of maintaining cleanliness to avoid and reduce the degree of diaper rash

Keywords: diaperrash, olive oil.