

**BENEFITS OF BOILED BINAHONG
LEAVES IN HEALING OF PERINEAL
WOUNDS POSTPARTUM MOTHER**

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SUMMARY

Background: *Childbirth often results in perineal injuries. Perineal wounds can occur due to a tear in the birth canal, either due to rupture or due to an episiotomy. The effects of perineal wounds on postpartum mothers include fear of moving, pain in the perineum which can cause discomfort such as bleeding and infection in the mother's perineal wound and can even cause death. One way to speed up wound healing to prevent infection is to use boiled binahong leaves as mother's water. Because binahong leaves contain active compounds such as flavonoids, alkaloids, terpenoids and saponins which can speed up wound healing. Health education using communication media in the form of pocket books is used as a tool in providing information and education to postpartum mothers regarding perineal wound care.*

Objective: *Making IEC media aims to increase postpartum mothers' knowledge about perineal wounds and how to treat them non-pharmacologically using boiled binahong leaves as cebokan water.*

Method: *Using pocket book media to provide an Information Communication and Education (KIE) approach created using the Canva application.*

Results: *After testing with respondents, it showed that the pocket book was interesting, easy to understand and contained complete information about perineal wounds and their treatment using boiled water from binahong leaves as cebokan water.*

Conclusion: *The use of pocket book media in providing communication, information and education is very effective. This pocket book can also be a source of knowledge for postpartum mothers about the benefits of binahong leaf decoction for healing perineal wounds.*

Keywords: Postpartum mothers, perineal wounds, Binahong leaves