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## DAFTAR ISTILAH / SINGKATAN

|     |                                   |
|-----|-----------------------------------|
| KIE | Komunikasi, Informasi dan Edukasi |
| WHO | <i>World Health Organization</i>  |
| CBE | <i>Chair Based Exercise</i>       |

## DAFTAR SIMBOL

|    |                     |
|----|---------------------|
| %  | : Persen            |
| <  | : kurang dari       |
| :  | : Titik dua         |
| .  | : Titik             |
| ,  | : Koma              |
| () | : Tutup buka kurung |
| “  | : Tanda kutip       |
| =  | : Sama dengan       |

