

***Overview of the Level of Knowledge and Behavior of Mothers in Preventing  
Stunting in Toddlers in Mranggen Sukoharjo***

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***ABSTRACT***

***Background:*** Stunting is a chronic nutritional problem caused by a lack of nutritional intake for a long time, resulting in impaired growth and development. The way to prevent stunting involves a holistic approach that includes complementary breastfeeding (MP-ASI) with balanced nutrition, good sanitation, and parenting patterns. The influence of perseverance possessed by parents will create knowledge and behavior of mothers in providing nutritional intake and the development of a toddler will affect the effectiveness of preventing stunting. ***Purpose:*** To determine the description of the level of knowledge and behavior of mothers in preventing stunting in toddlers in Mranggen Village. ***Methods:*** This type of research uses quantitative with a descriptive approach with a sample of 87 respondents and data collected using a questionnaire. ***Results:*** Respondents' level of knowledge of mothers in efforts to prevent stunting in the sufficient category were 36 mothers of toddlers (41.4%). Mothers' behavior in efforts to prevent stunting in the good category was 69 mothers of toddlers (79.3%). ***Conclusion:*** Based on the results of the research and discussion in this study, the conclusion obtained is that the majority of knowledge levels are sufficient and behavior is good.

***Keywords:*** Behavior, Stunting, Level of Knowledge.