

**THE APPLICATION OF RED BETEL LEAF DECOCTION FOR THE  
HEALING OF PERINEAL WOUNDS IN POSTPARTUM MOTHERS  
AT THE MOJOGEDANG I HEALTH CENTER IN KARANGANYAR**

Aulia Firly Azzahra, Eska Dwi Prajayanti

[auliafirly1889@gmail.com](mailto:auliafirly1889@gmail.com)

*Diploma in Nursing, Faculty of Health Sciences  
'Aisyiyah University of Surakarta*

**ABSTRACT**

**Background:** Perineal wounds are one of the most common complications in postpartum women, whether due to spontaneous rupture or episiotomy during childbirth. If not managed optimally, they can cause pain, increase the risk of infection, and hinder the healing process. One non-pharmacological approach non-pharmacological approaches to accelerate perineal wound healing is the use of red betel leaf decoction (*Piper crocatum*), which is known to contain antiseptic, anti-inflammatory, and antibacterial properties. **Objective;** to describe the results of applying red betel leaf decoction on perineal wound healing in postpartum women. **Method;** a case study design case study design with a descriptive method on two respondents at the Mojogedang I Karanganyar Health Center. The intervention was administered by washing the wound with red betel leaf decoction in the morning and evening for ten consecutive days. Wound healing was evaluated using the REEDA scale. **Results:** The study showed that before the intervention, both respondents experienced redness, edema, ecchymosis, discharge, and approximation. After the intervention, there was a decrease in the REEDA scale to a value of 0 on day 5 for the first respondent and day 6 for the second respondent, indicating optimal wound healing. **Conclusion;** red betel leaf decoction was proven effective in reducing REEDA scores and accelerating the healing process of perineal wounds in postpartum mothers.

*Keywords: Perineal Wound, Postpartum Mother, Red Betel Leaf Decoction*