

APPLICATION OF CLASSICAL MUSIC THERAPY IN REDUCING PAIN INTENSITY IN *POST SECTIO CAESAREA* PATIENTS

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ABSTRACT

Background : *Sectio Caesarea (SC) is one of the most commonly performed surgical procedures to assist the birthing process when vaginal delivery is not possible. Although it is widely practiced, this procedure often causes significant postoperative pain in mothers, which can affect the recovery process. One non-pharmacological method that can be used to reduce pain is classical music therapy, particularly Mozart's music, which is known to have a calming effect and stimulate the production of endorphins.* **Objective :** *This application aims to determine the effect of classical music therapy on reducing pain in post-cesarean section patients* **Method :** *This implementation uses a case study method focusing on the actions or responses produced. The variable measured is the level of pain in post-CS patients after being given classical music therapy intervention for two days.* **Results :** *The results showed that classical music therapy had an effect on reducing the pain level in both respondents.* **Conclusion :** *Mozart classical music therapy can be an effective non-pharmacological intervention in reducing pain intensity in post-cesarean section patients.*

Keywords : *Sectio Caesarea, Pain, Classical Music Therapy*