

PROVIDING SEMI-FOWLER POSITION TO PATIENTS WITH LUNG DISEASE THROUGH BOOKLET MEDIA

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SUMMARY

Background: Chronic Obstructive Pulmonary Disease (COPD) is a progressive lung disorder characterized by chronic airflow obstruction and decreased oxygen saturation. One of the effective non-pharmacological interventions in overcoming shortness of breath and increasing oxygen saturation is providing a semi-Fowler position. This position can expand lung capacity and improve ventilation. To support education for COPD sufferers, a booklet media was created as a means of information and education communication (IEC). ***Objective:*** The creation of this booklet is to increase public knowledge, especially COPD sufferers, about the benefits of the semi-Fowler position. ***Method:*** The media used in this project is the preparation of booklet media made using the Canva application with attractive colors and designs. ***Results:*** The output is a booklet entitled "Providing a Semi-Fowler Position in Lung Disease Patients Through Booklet Media" with 16 pages measuring 14.8 x 21 cm. It has been tested on 3 respondents. This media is suitable for educational media with patients with skin integrity damage. ***Conclusion:*** This educational booklet media can provide information and motivate COPD sufferers to perform the semi-Fowler position independently.

Keywords: Booklet, Semi Fowler Position, COPD.