

**FOOT CARE VIDEO EDUCATION TO PREVENT DIABETIC
FOOT WOUNDS IN PATIENTS WITH
DIABETES MELLITUS**

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SUMMARY

Background: *Diabetes mellitus or DM is a group of metabolic diseases characterized by hyperglycemia that occurs due to abnormalities in insulin secretion, insulin action or both. In 2021, about 422 million people worldwide have diabetes and 230 million people have diabetic wounds. One of the complications that can be caused is diabetic wounds or diabetic wounds. Data on diabetic patients in the world is around 15% with a 30% amputation risk, 32% mortality rate. Diabetic patients in Indonesia who experience neuropathic complications 63.5%, retinopathy 42% and diabetic foot wounds 15%. **Objective:** This Final Project aims to increase public knowledge and understanding about foot care to prevent diabetic foot wounds. **Method:** create an educational video work with the title "Let's Learn, How to Care for Feet to Prevent Diabetic Foot Sores". **Results:** Educational media produced in the form of video media with a duration of 07.21 with a size of 411Mb. **Conclusion:** Education through this video media can increase public knowledge about the importance of foot care to prevent diabetic foot wounds.*

Keywords: *Diabetes Mellitus, Foot Care, Video.*