

EFFORTS TO IMPROVE KNOWLEDGE ABOUT DIABETES MELLITUS WOUND CARE THROUGH VIDEO MEDIA

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SUMMARY

Background: *Diabetes Mellitus (DM) is a chronic disease characterized by elevated blood glucose levels due to impaired insulin production or function. One of the complications DM is diabetic ulcers or diabetic foot wounds, and if not treated properly it can cause infection, disability and even death. The prevalence of DM and diabetic ulcers continues to increase in Indonesia. The lack of knowledge of DM patients regarding wound care is the main cause of the worsening of diabetic ulcers so that they need to be amputated. After amputation, patients are at risk of experiencing decreased quality of life, limited mobility, and dependence on others.*

Objective: *To increase the knowledge and insight of DM patients with diabetic ulcers regarding DM wound care.*

Method: *Video is used to provide information and increase knowledge in DM patients with diabetic ulcers regarding DM wound care.*

Results: *This video IEC media has a duration of 7 minutes 48 seconds, which contains information on how to care for diabetic wounds accompanied by images that support the material so that it is easy to understand.*

Conclusion: *By producing Communication, Information and Education (IEC) products in the form of videos, it is hoped that it will make it easier to convey information to DM patients with diabetic ulcers about DM wound care properly and correctly.*

Keywords: *diabetes mellitus, diabetic ulcer, wound care, video*