

EFFORTS TO IMPROVE MOTHERS ABILITIES IN PROVIDING FIRST AID CHOKING IN TODDLER THROUGH VIDEO MEDIA

Laila Nur Azizah², Fida' Husain²
lailaazizah679@gmail.com
Universitas 'Aisyiyah Surakarta

SUMMARY

Background: Choking is a condition where the airway is blocked by an external object, either totally or partially, causing the victim to have difficulty breathing and potentially leading to oxygen deprivation. The first response of someone who is choking is to hold their neck, feel suffocated, and appear panicked. The number of choking cases has increased significantly, reaching 17,537 individuals. The prevalence of choking based on its causes, such as choking due to food, reaches 59.5%, choking due to foreign objects reaches 31.4%, and choking with unknown causes reaches 9.1%. Choking mostly occurs in children under three years old due to their tendency to explore objects with their mouths, thus requiring education for mothers with toddlers when faced with choking cases. **Objective:** to produce a video media titled "Proper Steps to Handle Choking" to enhance mothers' ability to manage choking in toddlers. **Method:** The creation of KIE media in the form of a video conducted at Campus X as an effort to enhance mothers' knowledge about choking. **Results:** The KIE media in the form of a video contains education about the introduction to choking, prevention of choking, and handling of choking, accompanied by images and presentations that support the material, making it easy to understand and resulting in an increase in mothers' ability to handle choking. **Conclusion:** The video media is expected to facilitate the dissemination of information about choking.

Keywords : mother, choking, video, education