

***The Application of Combination Breast Care And Marmet Technique On Ny.S Against ASI Production of Post Partum Mother in UPT Puskesmas Gajahan Kecamatan Pasar Kliwon Surakarta***

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**ABSTRAK**

**Background:** Breastfeeding and mild breastfeeding ejection in the first days after delivery have been an obstacle to early breastfeeding. Decreased milk production in the first days of childbirth can be caused by a lack of stimulation of prolactin and oxytocin hormones that play a role in the smooth production of breast milk. In UPT PuskesmasGajahanKecamatanPasarKliwon Surakarta there are post partum mothers who have problem of milk production, because most do not yet understand about breast care combination and marble technique. **Objective:** To analyze the effect of breast care combination and marmet technique on postpartum mother's milk production. **Methods:** This study used the method of journal implementation and descriptive observation With respondent first post mother mother first conducted for 3 days. **Result:** The result of breast care application analysis and marmet technique on Breastfeeding Production on first postpartum mothers day get 2 items of assessment fulfilled third day 5 item assessment fulfilled. **Conclusion:** The difference of breast milk production before and after application of breast care combination and technique.

**Keywords:** Breast care, marmet technique (Breastfeeding, post partum mothers).

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