

**COGNITIVE FUNCTION PROFILE OF THE ELDERLY AT PANTI
WREDHA DHARMA BHAKTI KASIH**

Oni Wisanggeni¹, Zulfa Mahdiatur Rasida²
oniwisanggeni26@gmail.com

Bachelor of Nursing Study Program, 'Aisyiyah University of Surakarta

ABSTRACT

Background : Cognitive decline is a common issue among the elderly, particularly those residing in nursing homes. This condition can negatively impact their quality of life and independence in performing daily activities. **Objective :** This study aims to describe the cognitive function of elderly residents at Panti Wredha Dharma Bhakti Kasih. **Method :** A quantitative descriptive research design with a cross-sectional approach was employed. A total of 34 elderly respondents were selected using purposive sampling based on specific inclusion and exclusion criteria. The Mini Mental State Examination (MMSE) was used as the research instrument to assess cognitive function levels. **Results :** The majority of respondents were male, with an average age range between 76 and 90 years. Most of the elderly had completed senior high school education. The findings revealed that most residents experienced mild to moderate cognitive impairment, while only a small number showed severe cognitive decline. Factors such as advanced age, low education level, and limited social or mental stimulation are suspected to contribute to cognitive deterioration. **Conclusion :** Most of the elderly participants demonstrated cognitive function categorized as moderate impairment.

Keywords : elderly, cognitive_function, MMSE