

***AN OVERVIEW OF CLEAN AND HEALTHY LIVING BEHAVIOR  
(PHBS) AMONG STUDENTS AT SD N 02 BEJEN KARANGANYAR***

Paramastri Sita Nabila, Dewi Kartika Sari  
[sitanabilaoke@gmail.com](mailto:sitanabilaoke@gmail.com)  
*'Aisyiyah University of Surakarta*

***ABSTRACT***

***The background:*** of this study is the persistence of student behaviors that do not align with PHBS principles, such as littering, not washing hands with soap, and limited sanitation. According to UNICEF (2023), inadequate handwashing habits contribute to diarrheal deaths. In Karanganyar Regency, 25.671 diarrheal cases were recorded. ***Objective:*** to describe the PHBS of students at SDN 02 Bejen Karanganyar based on eight main indicators. ***Method:*** a descriptive quantitative method with a survey approach and stratified random sampling technique. The population consisted of 373 students from grades I to VI, and the sample include 79 students. The research instrument was a questionnaire with 17 items. ***The results:*** showed that the PHBS level of students was in the “very good” category (62%), with the highest indicators being healthy snack consumption and waste disposal (98,1%), and the lowest being toilet usage (80,4%). ***Conclusion:*** among students at SD N 02 Bejen Karanganyar still needs to be improved through continuous education and better supporting facilities in the school environment.

***Keywords:*** Hygiene, Health, PHBS, Students, Elementary school