Application of Provision of Tempe Porridge to Reduce Frequency of Diarrhea In An. A With Diarrhea In Sindon Ngemplak Village

Isti Dewi Susilowati (2017)¹
Program Studi DIII Keperawatan
Sekolah Tinggi Ilmu Kesehatan ‘Aisyiyah Surakarta
Maryatun, M.Kes², Ikrima Rahmasari,M.Kep³

ABSTRACT

Background: Diarrhea is a disease that occurs when there is a change in the conservation of feces and the frequency of defecation. It is said to be diarrhea if the stool becomes more fluid, usually defecate more than 3 times a day or more irrigated but not bleeding.
Objective of the researcher: This research is aimed to identify the effect of tempe porridge on children aged 3-5 years of age to decrease frequency
Method: The design of this research method is descriptive research by applying the results of research that has been done before, to know before and after action.
Result: on the application of the researcher conducted the provision of tempe porridge with the respondent for 6 meetings in 3 days (2 times every 1 day) before and after the provision of tempe porridge. In this study found to reduce 1 time for diarrhea in children.
Conclusions: These data indicate that there is a decrease in frequency of bowel movements after the administration of tempe porridge.
Suggestion: provision of tempe porridge can be applied for Diarrhea sufferer.

Key Word: Porridge of Tempe, Child Diarrhea

1. Students of DIII nursing stikes' aisyiyah Surakarta
2. The main coach stikes ‘aisiyiyah surakarta
3. Supervising counselor stikes ‘aisiyiyah surakarta