## Application of Provision of Tempe Porridge to Reduce Frequency of Diarrhea In An. A With Diarrhea In Sindon Ngemplak Village

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## **ABSTRACT**

**Background:** Diarrhea is a disease that occurs when there is a change in the conservation of feces and the frequency of defecation. It is said to be diarrhea if the stool becomes more fluid, usually defecate more than 3 times a day or more irrigated but not bleeding.

**Objective of the researcher:** This research is aimed to identify the effect of tempe porridge on children aged 3-5 years of age to decrease frequency

**Method:** The design of this research method is descriptive research by applying the results of research that has been done before, to know before and after action.

**Result:** on the application of the researcher conducted the provision of tempe porridge with the respondent for 6 meetings in 3 days (2 times every 1 day) before and after the provision of tempe porridge. In this study found to reduce 1 time for diarrhea in children.

**Conclusions:** These data indicate that there is a decrease in frequency of bowel movements after the administration of tempe porridge.

*Suggestion:* provision of tempe porridge can be applied for Diarrhea sufferer.

**Key Word:** Porridge of Tempe, Child Diarrhea

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