

**Implementation of Early Mobilization to Healing Level in Post
Operation Patients Sectio Caesarea in The Cempaka Room
Rsud Dr. Soehadi Prijonegoro
Sragen**

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ABSTRACT

Background: Maternal mortality due to labor by way of caesarean section is <0.1% but two to 11 times higher than death occurring by normal delivery. Early mobilization exercises can be useful for accelerating postoperative wound healing rates for caesarea sections, the benefits of which include lochea expenditure, prevention of thrombosis and thromboembolism, normal blood circulation and accelerate wound healing.

Purpose: To know the description of the implementation before and after the early mobilization of wound healing rate in postoperative patients sectio caesarea.

Methodology: This research used descriptive research design with case study approach, conducted on 1 research subject.

Results: Early morning mobilization, early mobilization was performed at 6 and 12 hours postoperative section of caesarea scale of pain 6, the wound was still warm, no seepage has not seen any signs of wound healing. In early 3 day mobilization good surgical wound conditions, pain scale 3, wound did not feel warm, no visible seepage, redness, not swollen.

Conclusion: The results of this study are early mobilization can improve wound healing in postoperative patients sectio caesarea.

Keywords: early mobilization, wound healing, sectio caesarea, post operative, pain

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