

Ratih Citra Putri NIM.C2013099 Nursing Study Program	Counselor I. Indarwati,S.KM, M.Kes II. Anjar Nurrohmah, Skep, M.Kep
THERAPY GUIDED IMAGERY AND MUSIC (GIM) TOWARD ANXIETY LEVEL ON HEMODIALYSIS PATIENT FIRST TIME IN RSUD SUKOHARJO	
ABSTRACTm <p> Background; anxiety is one of the thing which often complained by patient who takes hemodialysis treatment at the first time. Non pharmacological treatment for relax the body and release muscle tension and reducing anxiety is therapy Guided Imagery and Music (GIM). Purpose; To know the influence therapy guided imagery and music (GIM) toward anxiety level on hemodialysis patient first time in RSUD Sukoharjo. Method; this researchis atype of Quasi Experimental design research. The research design used in One-Group Pre and Post Test desaign with the subject of research as many as 16 hemodialysis patients for the first time. Data analysis using statistics test Wilcoxon. Anxiety levels are measured by Hamilton Anxiety Rating Scale. Result; Wilcoxon test shows p value 0,000 (a<0,005). After being using given GIM therapy the anxiety level of patients who first undergo hemodialysis decreased anxiety. Conclusion; there was a significant difference between before GIM therapy and after GIM therapy in first hemodialysis patient inRSUD Sukoharjo. </p>	
Key Word; <i>Therapy GIM, Anxiety Level</i>	