

**THE IMPLEMENTATION OF SPIRITUAL DHIKR THERAPY IN
REDUCING VIOLENT BEHAVIOR AMONG SCHIZOPHRENIC
PATIENTS AT DR. RM SOEDJARWADI REGIONAL MENTAL
HOSPITAL, CENTRAL JAVA PROVINCE**

ABSTRACT

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Background: *The Risk of Violent Behavior refers to a clinical condition in which individuals exhibit, or have a history of exhibiting, harmful actions toward themselves, others, or the environment whether physically, emotionally, or verbally. Such behavior often stems from an inability to manage anger in a constructive and controlled manner. One potential nursing intervention to mitigate this condition is spiritual therapy through dzikir, which has been found to reduce the incidence of violent behavior.* **Objective:** *To determine the results of applying dzikir spiritual therapy on changes in violent behavior in patients with violent behavior at Dr. RM. Soedjarwadi Regional Mental Hospital, Central Java.* **Method:** *This research is a case study using a descriptive method, utilizing pre-test and post-test observations with the RUFAS observation sheet to assess violent behavior* **Results:** *The score of violent behavior changes in 2 respondents before the spiritual dzikir therapy was at the intensive stage II score (moderate). After implementing the strategy using spiritual dhikr therapy for three days, the respondents scores changed to intensive stage I (mild).* **Conclusion:** *There was a notable improvement in violent behavior after the implementation of spiritual dzikir therapy in patients at risk of violent behavior.*

Keywords: Risk violent behavior; spiritual, dzikir