

**THE APPLICATION OF PUZZLE PLAY THERAPY TO REDUCE  
DEMENTIA IN THE ELDERLY IN PETORAN VILLAGE  
RT 01 RW 07 JEBRES SURAKARTA CITY**

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**ABSTRACT**

**Background;** *Dementia is a group of conditions characterized by symptoms that cause changes in the way a person thinks and interacts with others. It often affects short-term memory, thinking, speech and motor skills. Some common cases of dementia include memory impairment.* **Objective;** *This study aims to determine how the application of Puzzle play therapy to reduce dementia in the elderly in RT 01 RW 07 Petoran Jebres Surakarta City.* **Method;** *This type of research is pre-experimental with One Group Pre test - Post test Design. The research subjects were two elderly people with MMSE score value not less than 17 (severe dementia). The intervention was carried out within a period of 4 meetings for 2 weeks with a duration of 20 minutes per session.* **Results;** *The application of Puzzle play therapy for 4 meetings has increased the score on Mrs. R with a score of 20 (mild/moderate). And in Mrs. S with a score of 28 (Normal).* **Conclusion;** *Puzzle play therapy given to Mrs. R and Mrs. S showed a positive change and response to the increase in dementia scores in the elderly.*

**Keywords;** *Dementia, Elderly, Puzzle Therapy, MMSE, Cognitive Function*