

**APPLICATION OF PSYCHORELIGIOUS DZIKIR THERAPY TO CONTROL  
HEARNING HALLUCINATIONS IN SCHIZOPHRENIA PATIENTS AT  
RSJD Dr. RM. SOEDJARWADI PROVINCE  
CENTRAL JAVA**

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**ABSTRACT**

**Background;** *The incidence of schizophrenia in Indonesia reaches 400,000 people or 1.7 per 1,000 population, where Central Java has 8.7% of the population experiencing schizophrenia. 70% of patients diagnosed with schizophrenia experience auditory hallucinations. Auditory hallucinations are stimulus disturbances where the patient hears voices that are not real.* **Objective;** *To determine the results of applying dhikr therapy on the ability to control auditory hallucinations in mental disorders patients.* **Methods;** *This type of research is a case study that uses descriptive methods with pre-test and post-test observation sheets.* **Results;** *The change score in the ability to control hallucinations in 2 respondents before dhikr therapy was carried out was at stage II (moderate) where respondent 1 got a score of 27 and respondent 2 with a score of 31. After being given dhikr therapy for three days, the respondent experienced a change in score to stage I (mild) hallucinations where respondent 1 got a score of 16 and respondent 2 with a score of 21.* **Conclusion;** *There are differences in changes in the ability to control hallucinations before and after dhikr therapy in patients with auditory hallucinations.*

**Keywords:** *Auditory hallucinations, ability to control, dzikir therapy*