

**APPLICATION OF PLASTICINE PLAY THERAPY ON THE LEVEL OF ANXIETY  
OF HOSPITALIZATION OF CHILDREN AGED 3-6 YEARS IN THE ORCHID  
ROOM OF RSUD DR. SOEHADI PRIJONEGORO SRAGEN**

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**ABSTRACT**

**Background:** Hospitalization reactions in children occur triggering anxiety, stress, and traumatic experiences characterized by feelings of anxiety, anger, sadness, and fear. Interviews in the room found that 2 out of 30 preschool children experienced hospitalization anxiety. **Objective:** To apply plasticine play therapy on the anxiety level of hospitalization of children aged 3-6 years in the Orchid Room of Dr. Soehadi Prijonegoro Sragen Hospital. **Methods:** This application uses a case study with a descriptive method design by approaching 1 respondent with plasticine play therapy intervention. **Results:** The results of the application on day 1 before the application of plasticine play therapy obtained anxiety results on An. R is 26 points on a very severe description. Day 2 after being given the application of plasticine play therapy obtained An. R's anxiety results of 11 points or moderate. R 11 points or moderate. Where both patients before the application were at the value of severe anxiety scores and experienced a decrease in anxiety scores to moderate and mild. **Conclusion:** Plasticine play therapy is very effective in reducing the level of hospitalization anxiety in preschool children.

**Keywords:** Anxiety, Hospitalization, Plasticine, Preschool.