

***APPLICATION OF CLASSICAL MUSIC THERAPY IN REDUCING PAIN
IN POST OP CA MAMMARY PATIENTS IN THE WARD
FLAMBOYANT 5 RSUD DR. MOEWARDI SURAKARTA***

Ariani Nur Rizki Wulandari¹, Bagas Biyanzah Drajad Pamukhti², Isti Wulandari³
Fakultas Ilmu Kesehatan Universitas 'Aisyiyah Surakarta^{1,2}
RSUD Dr.Moewardi Surakarta³
ariani.student@aiska-university.ac.id

ABSTRACT

Background: Post Op Ca Mammae is a surgical action that can increase pain. Pain in Post Op Ca Mammae will cause unpleasant feelings, one of the non-pharmacological treatments is classical music therapy to reduce pain levels. ***Objective:*** Knowing the results of the application of classical music therapy in reducing pain in post op ca mammary patients in Flamboyant Ward 5 of Dr Moewardi Surakarta Hospital. ***Methods:*** The method used in this application is descriptive with a case study research design including nursing assessment, nursing diagnosis, nursing intervention, nursing implementation, and nursing evaluation. This design is used to implement intervention measures for the application of classical music therapy in reducing pain in post op ca mammary patients by monitoring the effect before and after being given classical music therapy in reducing pain in post op patients. ***Results:*** Based on the results of the application that has been carried out, there is a decrease in pain intensity in post op ca mammary patients. ***Conclusion:*** Classical music therapy can be used as one of the non-pharmacological techniques or interventions in post op ca mammae patients.

Keywords: Music therapy, Ca Mammae, Pain.