

***THE APPLICATION OF LEGO PLAY THERAPY IN LOWERING
ANXIETY LEVELS OF CHILDREN IN PRESCHOOL AGE (3-6
YEAR) DURING HOSPITALIZATION AT DR SOEHADI HOSPITAL***

PRIJONEGORO SRAGEN

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ABSTRACT

Background; Hospitalization in children is a process for a planned or emergency reason and requires the child to stay in the hospital, undergo therapy and treatment until the child is returned home.. ***Purpose;*** To find out the effectiveness of the application of lego play therapy in reducing the level of anxiety in children at preschool age (3-6 years) during hospitalization at dr Soehadi Prijonegoro Sragen Hospital. ***Method;*** The design used by the author in this application is a case study of Pretest Posttest, a sample of 2 respondents, and the Zung-Self Rating Anxiety Scale research instrument. ***Result;*** After playing Lego therapy for 2 times in 2 days, the child experienced a change in An's anxiety level. L from a score of 10 to 3 and An. A has decreased from a score of 8 to 2. ***Conclusion;*** Lego play therapy can reduce the anxiety level of preschool-age children during hospitalization at dr. Soehadi Prijonegoro Sragen Hospital.

Keywords : Lego, Preschool_Age, Emergency, Hospitalization