

APPLICATION OF TRANSFER POSITIONING IN CRITICAL PATIENTS WITH STROKE TO REDUCE THE RISK OF DECUBITUS IN THE STROKE UNIT ROOM OF RSUD DR. SOEDIRAN MANGUN SUMARSO WONOGIRI

Vina Elviana, Ida Nur Imamah, Sumardi
elvianavina88@gmail.com
Aisyiyah Surakarta University

ABSTRACT

Background: Stroke causes impaired mobilization which results in the sufferer only being able to lie down without being able to change position for a certain period of time. The condition that often arises as a result of immobilization for a long time without changing position is what causes stroke patients to be at risk of decubitus (pressure sores). One form of treatment to reduce the risk of decubitus is by transferring. Switching beds aims to reduce the pressure due to the patient's restraint in a certain sleeping position which can cause pressure sores. ***Objective:*** To determine the application of the transfer position to reduce the risk of decubitus in stroke patients in the Stroke Unit Room at Dr. Soediran Manun Sumarso Wonogiri Hospital. ***Methods:*** The method used in this application is descriptive with a case study approach, namely describing how to apply the position of bed rest in critical stroke patients with the risk of decubitus. ***Results:*** There is a change in the value of the braden scale measurement before and after being given the application of bed rest. ***Conclusion:*** Bed rest can be used as one of the non-pharmacological techniques to reduce the risk of decubitus in patients with non-hemorrhagic stroke (SNH).

Keywords: Bedrest, Decubitus Risk, Non-Hemorrhagic Stroke